

Growing Sunflowers

Plant the seeds 1-2 inches deep and 8-12 inches apart in loose soil and full sun. For the best results, plant sunflower seeds only when the spring is warm and all danger of frost is past. Sunflowers can be planted in all types of soil, and supplemental fertilization is not necessary – Water the seeds daily (twice daily in very hot or dry climates) until the young plants are well established, then water thoroughly every other day.

Sunflower seeds will ripen in the fall as the seed heads turn downward and the inner flowers shrivel. To store the seeds, cut the flower heads off each stalk to dry. When the heads are completely dry, the seeds can be rubbed off to be added to feeders or harvested. Store seeds you won't use right away in a cool, dry place so they will stay fresh and appetizing!

And you thought that Ukraine is so simple. Ukraine is great. Ukraine is exclusive. All the rinks of history passed through it. It has worked out all kinds of tests. It is hardened by the highest hardening. In today's world, it has no price.

Lina Kostenko